

KATHERINE A. BOWLES

Director

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# KATHERINE A. BOWLES

Kate Bowles draws upon her in-depth litigation experience and background as a Registered Nurse to bring deep industry knowledge and expertise when representing clients. Focusing on compliance, investigation, enforcement of Medicare/Medi-Cal Fraud and Abuse, Stark

Law\Anti-Kickback Statute, payor disputes and business litigation, Kate uses her first-hand understanding of the challenges faced by clients to achieve exceptional results.

Kate’s experience encompasses all aspects of healthcare, including traditional healthcare systems and emerging groups in the outpatient sector, such as managed care health plans, Medi-Cal enrolled health plans and community support providers, ERISA health plans, surgery centers, telehealth providers, outpatient mental health, home health, infusion pharmacy, physical therapy and rehabilitation, hospital and anesthesia support, care management

support, medical, and nursing provider groups, and more. Representing a diversity of providers allows Kate to effectively evaluate the motivations of various participants within the healthcare industry and take advantage of emerging trends.

Kate handles all aspects of litigation from filing to finish, including trial, mediation, and arbitration of disputes. Kate also brings to her practice a focus on compliance and prevention of disputes and regularly advises clients on how to streamline their businesses, reduce risk, and increase

compliance. In this era of data mining, artificial intelligence, and the rise of hackers, it is ever- more important for clients to take a “big picture” approach to healthcare compliance and data protection.

Kate is licensed throughout California including the U.S. District Courts for the Eastern, Central and Southern Districts of California and the Ninth Circuit Court of Appeal.

# EDUCATION

J.D., Pepperdine University School of Law, *cum laude*

B.S., University of Pennsylvania

# AREAS OF PRACTICE

Business Litigation Health Care ERISA

# ARTICLES AND PRESENTATIONS

Author, “[U.S. Healthcare in OBBBA: A Patchwork of Big Changes](https://www.fennemorelaw.com/u-s-healthcare-in-obbba-a-patchwork-of-big-changes/),” Fennemore Blog, August 19, 2025

Author, “[Federal and California’s Shared Interest in Promoting Open Competition: Isn’t it](https://www.fennemorelaw.com/federal-and-californias-shared-interest-in-promoting-open-competition-isnt-it-ironic/) [Ironic?](https://www.fennemorelaw.com/federal-and-californias-shared-interest-in-promoting-open-competition-isnt-it-ironic/),” Fennemore Blog, July 31, 2025

Author, “[California’s Bold Experiment with Whole-Person Centered Care: Has it Worked?](https://www.fennemorelaw.com/californias-bold-experiment-with-whole-person-centered-care-has-it-worked/),” Fennemore Blog, June 11, 2025

Co-Author, “[We Are Almost Back to Normal Post-COVID, Except When it Comes to Nurse](https://www.fennemorelaw.com/we-are-almost-back-to-normal-post-covid-except-when-it-comes-to-nurse-staffing/) [Staffing](https://www.fennemorelaw.com/we-are-almost-back-to-normal-post-covid-except-when-it-comes-to-nurse-staffing/),” Fennemore Blog, April 29, 2025

Author, “Nursing Impact Litigation – A Tale of Two Matters,” JD Supra, March 18, 2025

Author, “Lessons Learned from ERISA Health Plan Representation and Recommendations for Plan Design and Oversight,” JD Supra, February 19, 2025

Author, “Regulatory Landscape of Insurance Claims Denial Practices and Suggestions for a Path Forward to a Sustainable Healthcare Future,” JD Supra, January 31, 2025

Author, “California Department of Public Health (CDPH) ‘All Facilities Letter’ and Survey Activities Impacting Nurse Anesthesiology Scope of Practice,” JD Supra, December 9, 2024

Co-Presenter, CalAIM Initiative on Enhanced Care Management and Community Supports, 2024 CSHA Annual Meeting and Spring SeminarLegal Update, May 3, 2024

Author, CIGNA’s New CRNA Payment Policy Adds Fuel To The Fire, Coronis Health, October 27, 2023

# AWARDS AND HONORS

*Super Lawyers® Rising Stars,* 2025

*Best Lawyers in America®,* Health Care Law, 2025 and 2026

Outstanding Interest Group (Nursing and Allied Health Professionals), American Bar Association, 2025

# PROFESSIONAL AND COMMUNITY ACTIVITIES

American Bar Association, Vice Chair, Nursing & Allied Healthcare Professionals

# ADMISSIONS

California